

## National and Kapodistrian University of Athens

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## **CERTIFICATE OF ANALYSIS**

Brand Name: 1 Analysis Date: 09/10/2020

Owner: THE GOVERNOR OLIVE FABRICA

Variety: LIANOLIA

Origin: AGIOS MATTHAIOS CORFU GREECE

Harvest Period: October 2020

## **Chemical Analysis**

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Oleocanthal	437	mg/Kg
Oleacein	303	mg/Kg
Oleocanthal + Oleacein (index D1)	740	mg/Kg
Ligstroside aglycon (monoaldehyde form)	69	mg/Kg
Oleuropein aglycon (monoaldehyde form)	70	mg/Kg
Ligstroside aglycon (dialdehyde form)	358	mg/Kg
Oleuropein aglycon (dialdehyde form)	253	mg/Kg
Total tyrosol derivatives	864	mg/Kg
Total hydroxytyrosol derivatives	626	mg/Kg
Total polyphenols analyzed 1.	490	mg/Kg

## Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the sample included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 29.8 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47), pp 11696-11703, J.Agric. Food Chem., 2014 62 (3), 600-607 and OLIVAE, 2015, 122, 22-33.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

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